

DAILY PAINTING PART TWO - SUPPLIES

We recommend you use what you already have at home, or what you are used to. But if you need some guidance purchasing some supplies, below are our recommendations.

Paint

Liquitex Heavy Body Acrylic / or Lukas Cryl Studio (if want to save money ;)

<http://www.dickblick.com/products/liquitex-heavy-body-artist-acrylics/>

<https://www.jerrysartarama.com/lukas-cryl-studio-acrylics>

Colors

Alizarin Crimson Hue Permanent (Alizarin Crimson if Lukas)

Cadmium Red Medium or Naphthol Red (cad red is often on backorder) (Cadmium Red Deep if Lukas)

Cadmium Yellow Light (Lemon Yellow if Lukas)

Cadmium Yellow Medium (Cadmium Yellow if Lukas)

Phthalo blue (green shade) (there are no shades in Lukas)

Ultramarine Blue (green shade)

Titanium White

Optional color (great for pinks) - Quinacridone Magenta

Optional color (great to gray down colors fast) - Raw Umber

Painting Surfaces

30 Masonite/Hardboard Panels, 6"x6" masonite boards/hardboard - buy for the month!

<http://www.dickblick.com/items/14945-1066/>

6 Ampersand panels 4"x 4"

<https://www.dickblick.com/items/ampersand-value-series-artist-panel-smooth-4-x-4-18-profile/>

Or

<https://www.jerrysartarama.com/davinci-pro-dual-panel-4x4in-6mm-deep-3-pack-90050>

Brushes

Brush sizes change depending on brand, these below are a good size for loose, expressive marks. They are also economical brushes that have a good shelf life and work well with acrylic and oil.

<http://www.dickblick.com/products/winsor-and-newton-long-handle-university-brushes/?clickTracking=true2>

1 Windsor and Newton University Bright #6 Series 237 – less than ½" (if painting on 4x4"s)

1 Windsor and Newton University Bright #8 Series 237 - about ½"

1 Windsor and Newton University Bright #12 Series 237 - about 1"

Or

Flat Silver Bristlon brushes #6, #8, #12

<https://www.jerrysartarama.com/silver-brush-bristlon-all-media-brushes>

Misc

Weekly Planner (we like [this one](#) but use any you have at home)

Paper towels

Spray bottle for water - a travel hairspray bottle for a fine mist is recommended

Disposable palette (the larger the better)

View Catcher <http://www.dickblick.com/products/viewcatcher/?clickTracking=true>

Still life objects - fruit, vegetables, vessels, fabric - we are painting small panels, so make sure objects/vases are on the smaller size - small jars like honey, mustard, etc. work great.

Empty container for water to wash brushes in - anything will do

Easel, tabletop or freestanding - Our setup is from <http://artboxandpanel.com/>

Panel Holder (optional) - <http://www.krikegallery.com/CarolMarinepanelholder.html>

Or a larger masonite panel and mounting putty to attach your smaller panels to it.

Light source

If setting up your own still lifes it is important to have a strong light source

Spot light (clip on, from hardware store is fine) with strong Light Bulb - Sylvania, Halogen - 50 Watt

Spot light can be purchased at Stop and Shop - anything that makes a bright, clean light.

This is a very good alternative, CeSunlight Clamp Desk Lamp, Clip on Reading Light, 3000-6500K Adjustable Color Temperature, 6 Illumination Mode from Amazon

<https://a.co/d/6vV3PI7>